

**Suflave Colonoscopy Prep Instructions**  
**(polyethylene glycol 3350 sodium sulfate and sodium chloride)**

\*\*Try to avoid fruits and vegetables 2 days before colonoscopy\*\*

**Medications that must be stopped FIVE days before the procedure:** Aspirin, Plavix, Eliquis, Pradaxa, Heparin, Xarelto, Coumadin (warfarin), and NSAIDS (e.g.: Motrin, Advil, Naproxen, Celebrex, Ibuprofen) **will need clearance from prescribing MD to stop**

**INSTRUCTIONS FOR THE DAY BEFORE COLONOSCOPY:**

*NO FOOD THE ENTIRE DAY BEFORE PROCEDURE*

***You must remain on a CLEAR liquid diet the entire day before your procedure.***

Clear liquids include: Water, Strained fruit juices (no pulp) including apple, white Grape or white cranberry, Limeade or lemonade, Coffee or tea (do not use any Milk/cream, you may use sugar or lemon), Chicken/Beef broth, soda, Gatorade (no red/purple), popsicles (no red/purple), Jell-O (no red/purple). Please **do not** have any dairy products or **anything red/purple** in color. You can suck on hard candies (no red/purple). Also, you can use alcohol-free wipes or Vaseline to prevent anal skin irritation.

**At 4:00 pm Mix first dose of Suflave**

- Open one flavor-enhancing packet and pour the contents into 1 bottle.
- Fill the provided bottle with lukewarm water up to the fill line.
- After capping the bottle, gently shake the bottle until all the powder is dissolved.
- Drink 8 ounces every 15 minutes until the bottle is empty.
- Drink 32 ounces of plain water during the rest of the evening.

**\*AT 8PM REPEATS THE SAME INSTRUCTIONS AS ABOVE\***

**UNLESS YOU HAVE AN AFTERNOON, PROCEDURE READ INDICATIONS BELOW**

**THE DAY OF THE COLONOSCOPY:**

***\*\*DO NOT eat or drink anything EXCEPT the preparation\*\****

*With the exception of important meds only (blood pressure, heart and seizure meds)*

**\*IF YOU ARE SCHEDULED 12PM OR LATER, DRINK 1<sup>st</sup> DOSE OF\* SUFLAVE @ 8PM THE EVENING BEFORE PROCEDURE, 2<sup>ND</sup> DOSE THE MORNING OF PROCEDURE @ 6AM**

- Open one flavor-enhancing packet and pour the contents into 1 bottle.
- Fill the provided bottle with lukewarm water up to the fill line.
- After capping the bottle, gently shake the bottle until all the powder is dissolved.
- Drink 8 ounces every 15 minutes until the bottle is empty.
- Drink 16 ounces of plain water up to 9am.